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Purpose of Life

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Lesson from a farm

- ❖ If you are being fed and clothed for free, it is a very dangerous situation.
- ❖ Nature is smarter than you.
- ❖ If you are not giving anything, think twice !!!
- ❖ Nothing comes for free.



I don't need
to give
anything.



How do you measure your life?

- ❖ What do you look for when you want to buy a car or bike?
- ❖ “Kitna deta hai?”
- ❖ $\text{Efficiency} = \text{Output} / \text{Input}$
- ❖ What is yours?
- ❖ Life is measured by your output, not by what you have accumulated.





Two ways to live

- ❖ Grab grab grab ...
 - ❖ What is in it for me?
- ❖ Give give give ...
 - ❖ How can I help?
- ❖ Difference in expectation
- ❖ Use objects, serve people
- ❖ How do you want to live?
 - ❖ Queen (King) or Beggar?





Your memorial day

❖ Case of Alfred Nobel

❖ “The Merchant of Death is Dead”

❖ What do you want people to remember you for after your death?

❖ Spouse, Children

❖ Neighbours, Colleagues

❖ Friends

❖ Servants, waiters, ...

❖ Is your behavior aligned?



Courtesy: www.wordclouds.com



What are the ways to spend?

- ❖ If I give you Rs.10 Lakhs, how will you spend it?
 - ❖ Security - Invest, business
 - ❖ Pleasure - Entertainment, travel
 - ❖ Social service - Charity
 - ❖ Knowledge
 - ❖ Reject, don't accept
- ❖ Artha, Kaama, Dharma, Moksha
- ❖ Same applies to time, effort, etc.





Questions for deep thinking

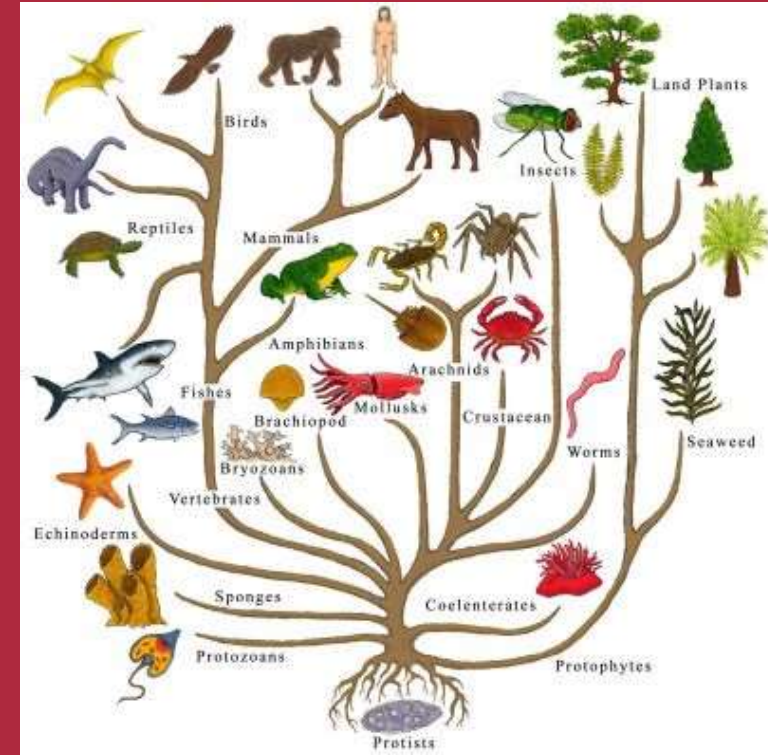
- ❖ If you are given six months of paid vacation, with all costs covered, how do you like to spend the time?
- ❖ If you are given all the resources in the world – people, technology, money, power, think tanks, etc – what would you want to do?
- ❖ If you have just seven more healthy days (just like today) to live, after which you will just vanish off the face of earth painlessly, how do you like to spend the seven days?





Hint from evolution

- ❖ Lowest organisms – survive and multiply
 - ❖ Hunger, thirst, lust, pleasure, pain, fear, sleep
- ❖ Higher animals – survival of herd
 - ❖ Love, hatred, anger, ambition, courage, competition, possession, pride
- ❖ Humans – values
 - ❖ Right, wrong, beliefs, ideologies, duties, rights, justice, sacrifice, truth, discipline, compassion
- ❖ What is next?
 - ❖ Spiritual values – dispassion, knowledge
- ❖ Manifesting higher values in life is a contribution to Nature and Evolution.





Different personas

- ❖ What can be my purpose of life?
- ❖ How can I contribute to myself and to others?
- ❖ Different people in different circumstances
 - ❖ A person born in a rich family
 - ❖ A person blessed with intelligence and education
 - ❖ A person born in poor circumstances
 - ❖ A person poor, sick and in his last days
- ❖ Everyone has something to give
- ❖ Pursuing higher values is itself a contribution
- ❖ Give, give, give – You will be rewarded with peace, wisdom and satisfaction



Courtesy: gbm.institute

Bhagavad Gita says ...

विहाय कामान्यः सर्वान्पुमांश्चरति निःस्पृहः ।
निर्ममो निरहङ्कारः स शान्तिमधिगच्छति ॥ २-७१ ॥

The person who is free from sense of ownership (of possessions - artha), free from desires (for sense pleasure - kaama), free from pride (about even values - dharma), and (still) works (for the welfare of others) without attachment (to short term results), attains peace (moksha). (2.71)



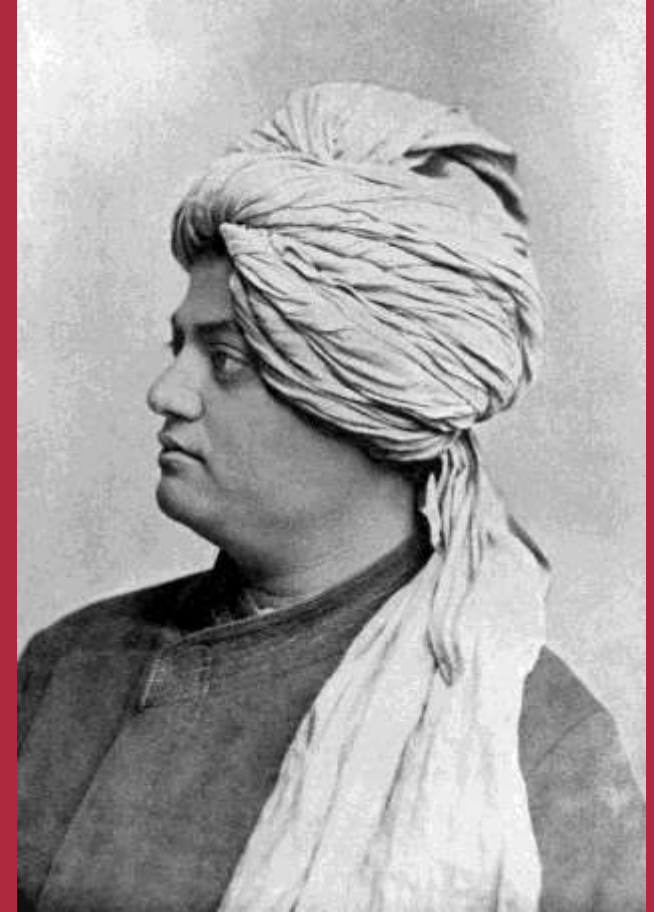
Courtesy: ISKCON



Swami Vivekananda says ...

Sense-happiness is not the goal of humanity. Wisdom (Jnâna) is the goal of all life. We find that man enjoys his intellect more than an animal enjoys its senses; and we see that man enjoys his spiritual nature even more than his rational nature. So the highest wisdom must be this spiritual knowledge. With this knowledge will come bliss. All these things of this world are but the shadows, the manifestations in the third or fourth degree of the real Knowledge and Bliss.

- Complete Works, Vol 3 pg 4

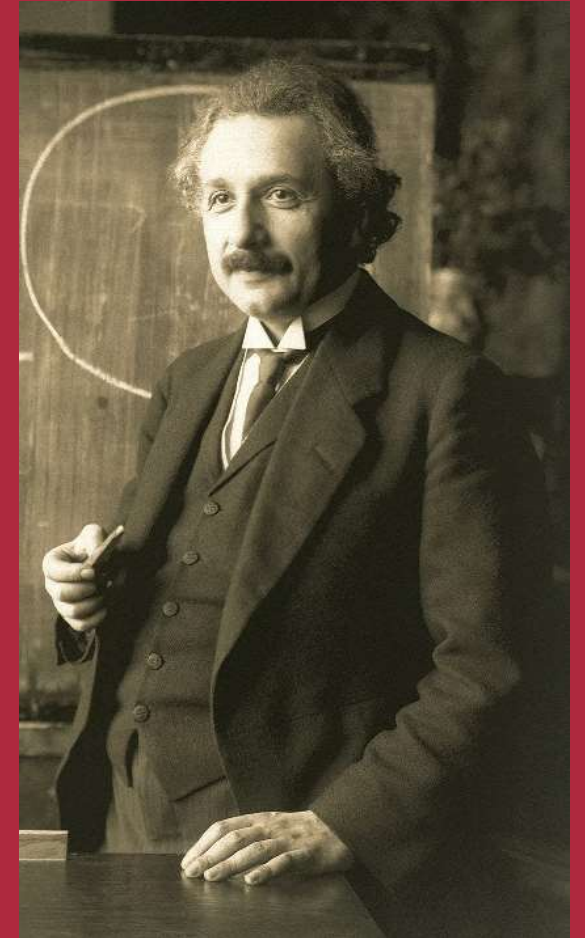


Courtesy: Ramakrishna Vedanta Society, Boston



Einstein says ...

A human being is part of the whole called by us universe, a part limited in time and space. We experience ourselves, our thoughts and feelings as something separate from the rest. A kind of optical delusion of consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from the prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty. The true value of a human being is determined primarily by the measure and the sense in which they have obtained liberation from the self.



Courtesy: Wikipedia



Thank you

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Courtesy: www.vectorstock.com